**EDUCATION**

# Sam Houston State University, Huntsville, TX

Doctor of Philosophy, June 2024 (Anticipated)

Clinical Psychology

Advisor: Temilola Salami, Ph.D.

# Sam Houston State University, Huntsville, TX

Master of Arts, May 2020

Major: Clinical Psychology

Advisor: Temilola Salami, Ph.D.

Thesis: “Active Coping Moderates the Association between PTSD Symptom Clusters and Treatment Seeking Among Law Enforcement”

# University of Akron, Akron, OH

Bachelor of Arts, May 2018

Major: Psychology

Second Major: Sociology: Criminology & Law Enforcement

Advisor: David Tokar, Ph.D.

Honors Thesis: “The Dark Tetrad and Rape Myth Acceptance”

**HONORS, AWARDS, AND CERTIFICATIONS**

Outstanding Thesis Award April, 2021

*Sam Houston State University, Huntsville TX*

Teaching Assistant Certification Series April, 2021

*Sam Houston State University, Huntsville TX*

Raven Scholar April, 2021

*Sam Houston State University, Huntsville TX*

Sam Houston State University Office of Graduate Studies Travel Fund October 2019, October 2020

*Sam Houston State University, Huntsville TX*

Clinical Psychology Graduate Student Scholarship Fall 2018 – present

*Sam Houston State University, Huntsville TX*

President’s List Fall 2016 – Fall 2017

*The University of Akron, Akron, OH*

Dean’s List Fall 2014 – Spring 2016

*The University of Akron, Akron, OH*

Department of Psychology Merit Scholarship Fall 2016

*The University of Akron, Akron, OH*

Scholarship for Excellence Fall 2014 – Fall 2017

*The University of Akron, Akron, OH*

Honors Scholarship Fall 2014 – Fall 2017

*The University of Akron, Akron, OH*

**GRANTS**

* Victims of Crime Act
  + Grant Title: First Responder Mental Health ​
  + PI: Temilola Salami
  + Role: Graduate Student Grant Writer
  + Total Amount: $278,736
  + Award Period: 2019-2021
* Victims of Crime Act
  + Grant Title: Addressing the long-term medical, psychological and social service needs of survivors of severe interpersonal trauma through a hospital-based collaborative intervention
  + PI: Kimberly Williams
  + Role: Graduate Student Grant Writer
  + Award Period: 2020-2022

**PEER REVIEWED PUBLICATIONS: PUBLISHED AND UNDER REVIEW**

**Boland, G. M.** & Salami, T. (under review). Active Coping Moderates the Association between PTSD Symptom Clusters and Treatment Seeking among Law Enforcement.

Salami, T., **Boland, G. M.,** Hari, C., & Walker, R. (under review). Racial discrimination, personality and emotion regulation on alcohol use in a community sample of African American adults.

Cordova, B. A., **Boland, G. M.,** Salami, T., Ratcliffe, C. G., & Weng, D. L.C. (under review). Perceived in-group discrimination/threat, political stress, political involvement, and active coping within a racially/ethnically diverse sample.

Vujanovic, A. A., Salami, T., **Boland, G.,** Gordon, M. R., Coverdale, J. H., & Nguyen, P. T. (in press). Human trafficking: Overview and discussion of mental health considerations. In G. Asmundson (Ed.), *Comprehensive clinical psychology, Second edition*. Oxford, UK: Elsevier.

**Boland, G. M.** & Salami, T. (2020). The mental health and service use of Texas law enforcement officers. *Journal of Police and Criminal Psychology*, doi: 10.1007/s11896-020-09419-6

Salami, T., **Boland, G.,** & Engelken, C. (2020). Specific psychotherapy issues for managing human trafficking victims. In John. H. Coverdale, Mollie, R., Gordon, Phuong, T. Nguyen (Eds.) Human trafficking: A treatment guide for mental health professionals. (pp. 149-168). American Psychiatric Association.

**MANUSCRIPTS IN PROGRESS**

Engelken, C. M., **Boland, G. M.**, & Salami, T. (in preparation). Operational stress and mental health among law enforcement: The moderating role of organizational stress and supervisor support.

Salami, T. K., DeBrabander, M. J., Byers, A., Washington, J., & **Boland, G.M.** (in preparation). Moderators of Work Stress and Sleep Quality Among Officers Who Have Experienced a Critical Incident: A Risk-Protection Model.

Babu, J., **Boland, G. M.,** & Salami, T. (in preparation). Identification and perceptions of human trafficking victims among psychology students: A vignette study.

**Boland, G.,** Addo-Yobo, A., Uhl, A., Squires, G., & Salami, T. (in preparation). The role of mental health providers in enhancing the effectiveness of law enforcement mental health interventions and training.

**PRESENTATIONS**

**Boland, G.,** Galicia, B. E., & Salami, T. (Oct., 2020). The impact of anti-immigrant politics on the psychological well-being of immigrants. *Round table presented at the 2020 National Latinx Psychological Association Conference, Virtual.*

DeBrabander, M. J., **Boland, G.**, Washington, J., & Salami, T. (Oct., 2020). Making Connections: The Association Between Physical and Mental Health and Well-being. *Workshop presented at the Correctional Management Institute of Texas Annual Mental Health Conference, Allen, TX.​*

**Boland, G.**, Phillips. J., Salami, T. (Nov., 2020). The Moderating Effect of Active Coping on the Association Between PTSD Symptom Clusters and Treatment Seeking Among Law Enforcement. *Poster presented at the International Society for Traumatic Stress Studies 36th Annual Conference, Virtual.*

**Boland, G.,** Galicia, B. E., & Salami, T. (Feb., 2020). The impact of anti-immigrant politics on the psychological well-being of immigrants. *Workshop presented at Sam Houston State University’s 16th annual Diversity Leadership Conference. Huntsville, TX*.

Engelken, C., **Boland, G.,** Ricardo, M., & Salami, T. (Oct., 2019). An exploration of gender as a moderator in the relationship between supervisor support and PTSD in law enforcement. *Poster presented at the annual convention of the Texas Psychological Association, San Antonio, TX.*

Henderson, C. E., Salami, T., Anderson-White, E., **Boland, G.,** Krembuszewski, B., Bailey, C. & Harmon, J. (Oct., 2019). Working with Religiously Diverse Clients. *Workshop presented at the annual convention of the Texas Psychological Association, San Antonio, TX.*

**Boland, G.**, Fuller, E., & Salami, T. (Oct., 2019). Addressing mental health stigma among law enforcement officers. *Workshop presented at the 6th Annual Mental Health Conference, Galveston, TX.*

**Boland, G.**, Engelken, C., & Salami, T. (Feb., 2019). Fostering inclusion through leadership identity development. *Workshop presented at Sam Houston State University’s 15th annual Diversity Leadership Conference. Huntsville, TX*.

Krembuszewski, B., Anderson-White, E., **Boland, G.**, Blossom, L., Walker, M.F., & Henderson, C. (Feb., 2019). Inclusion, acceptance, and bumps along the road. *Workshop presented at Sam Houston State University’s 15th annual Diversity Leadership Conference. Huntsville, TX.*

**RESEARCH EXPERIENCE**

**Research Assistant May 2020 – Present**

**weTHRIVE Lab**

*Sam Houston State University, Huntsville, TX*

* Collaborate with Dr. Salami and other research assistants to complete research studies
* Develop and disseminate research products to contribute to scientific literature and inform stakeholders
* Co-write grants for state and national agencies to secure funding for research studies
* Perform various administrative duties
* Participate in and contribute to bi-weekly lab meetings and didactics
* Provide mentorship in career-development; research design and implementation; and professional writing to undergraduate research assistant
* Supervisor: Temilola Salami, Ph.D.

**Research Practice Integration Assistant August 2017 – June 2018**

*The Emily Program, Cleveland, OH*

* Assisted in the integration of research and practice for individuals diagnosed with eating disorders
* Scored and interpreted psychological measures of new patients to assist clinicians during their assessments and treatment recommendations
* Engage in data collection, entry, and cleaning
* Develop and disseminate research products to contribute to scientific literature and inform stakeholders
* Writing literature reviews for clinicians to assist them in engaging in evidence-based practices
* Supervisors: Kelly Bhatnagar Ph. D., Caitlin Martin-Wager M. A., & Stephanie MacDonald LISW-S

**Research Assistant January 2017 – July 2017**

**Clinic of Individual and Family Counseling**

*The University of Akron, Akron OH*

* Extracted and cleaned data in SPSS from a community mental health clinical population for a number of projects for faculty and community researchers
* Analyzed data sets and reviewed the relevant literature
* Assisted in the compilation of a two-year report for the clinic, locating and summarizing the relevant statistics
* Supervisors: Rebecca Boyle Ph. D., Stephen Antonucci M.A., & Caitlin Martin-Wagar M. A.

**Research Assistant May 2015 – May 2016**

**Hope Lab**

*The University of Akron, Akron, OH*

* Assisted on this grant-funded program to ascertain the effectiveness of a treatment protocol for victims of intimate partner violence
* Assisted graduate students and therapists during assessments and treatments of clients
* Engaged in a variety of administrative tasks
* Entered data using QDS and SPSS
* Supervisor: Dawn Johnson, Ph.D.

**CLINICAL EXPERIENCE**

**Student Clinician June 2020 – Present**

*Telebehavioral Care Program, Texas A&M University, College Station, TX*

* Provide individual therapy services via a telehealth platform to adult clients across nine counties surrounding College Station, Texas
* Utilize a variety of evidence-based therapeutic modalities including cognitive behavioral therapy, dialectical behavior therapy, and prolonged exposure
* Conduct suicide and homicide risk assessments and collaborate with clients for safety planning
* Co-lead a mindfulness-based group providing evidence-based skills training with adults
* Supervisor: J. DeWayne Taylor, Ph.D

**Assistant Forensic Evaluator October 2019 – Present**

*Psychological Services Center,**Huntsville, TX*

* Conduct court-ordered pre-trial forensic evaluations (e.g., competence to stand trial, mental state at the time of the offense, treatment recommendations) consisting primarily of a comprehensive clinical interview, review of collateral records, and testing when needed
* Co-author reports for forensic evaluations, formulate psycholegal opinions with the primary supervisor in accordance with state statutes, and provide treatment recommendations when appropriate
* Supervisors: Mary Alice Conroy, Ph.D., ABPP and Darryl Johnson, Ph.D.

**Student Clinician September 2019 – Present**

*Psychological Services Center,**Huntsville, TX*

* Conduct individual therapy with adults and children utilizing evidence-based interventions
* Collaborate with clients on treatment planning and closely monitor treatment goals and progress
* Conduct psychological evaluations to answer referral questions (e.g., diagnostic, treatment needs)
* Engage in suicide risk assessment and client safety planning
* Supervisor: Craig Henderson, Ph.D., Jaime Anderson, Ph.D.

**Victim Advocate August 2016 – August 2017**

*Summit County Victim Assistance Program, Akron, OH*

* Completed a 5-day training course to become a certified victim advocate
* Administered crisis intervention to victims and survivors of violent crimes face-to-face and over the hotline phone
* Collaborated with other advocates to protect victim rights at crime scenes, court, and in other pertinent areas
* Educating victims on their rights and assisted victims with any other needs including completing court paperwork, applying for Victim Compensation, and provided referrals to law enforcement, counselors, shelters and other agencies
* Supervisors: Leanne Graham, Executive Director & Dana Zedak, LSW, Director of Professional Enhancement

**Probation Intern May 2016 – August 2016**

*Barberton Municipal Court, Barberton, OH*

* Assisted and shadowed probation officers, judges, clerks, and other personnel within the court system
* Drafted pre-sentence investigations by researching a defendant’s criminal record and interviewing defendants and victims in order to create a report and recommendation for sentencing
* Educated defendants about jail programs and their sentences
* Reorganized the case management system and filing systems to organize 10 years’ worth of case files
* Supervisor: Chief Probation Officer Rebecca Dilbeck

**CLINICAL SUPERVISION EXPEREINCE**

**Peer Supervisor May 2020 – July 2020**

*Sam Houston State University, Huntsville, TX*

* Co-facilitated supervision sessions of first year doctoral students with clinic director
* Reviewed mock therapy session videos with supervisees
* Provided feedback on foundational therapeutic skills
* Served as a mock therapy client for students practicing clinical skills
* Supervisor: Mary Alice Conroy, Ph.D., ABPP

**TEACHING EXPERIENCE**

**Instructor Spring 2021**

*Department of Psychology & Philosophy*

*Sam Houston State University, Huntsville TX*

* Course: Close Relationships
* Modality: Online
* Supervisor: Tiffany Russell, Ph.D.

**Instructor Fall 2020** *Department of Psychology & Philosophy* **Spring 2021**

*Sam Houston State University, Huntsville TX*

* Course: Abnormal Psychology
* Modality: Online
* Supervisor: Jorge Varela, Ph.D.

**Instructor Fall 2019**

*Department of Psychology & Philosophy* **Spring 2020**

*Sam Houston State University, Huntsville TX*

* Course: Introduction to Psychology
* Modality: In-person
* Supervisor: Jorge Varela, Ph.D.

**PROFESSIONAL EXPERIENCE**

**Graduate Student Volunteer June 2019**

*Conroe Police Department, Conroe, TX*

* Create and present lectures for Mental Health Peace Officer and Crisis Intervention Team Trainings
* Coordinate with police sergeants and other staff to formulate a more effective mental health training for Texas law enforcement officers
* Participate in role-play exercises with officers demonstrating effective methods of communication with persons who have mental illnesses in the community
* Facilitate discussions and feedback sessions regarding role-plays
* Supervisor: Wendy Elliott, Ph.D., ABPP and Darryl Johnson, Ph.D.

**Student Co-Chair August 2019 – June 2020**

**Clinical Psychology Doctoral Program’s Diversity Committee**

*Sam Houston State University, Huntsville, TX*

* Co-lead monthly meetings
* Created meeting agendas
* Liaised with the student body to identify important, relevant diversity-related topics
* Collaborated with other committee members to organize multicultural educational and social events for students and faculty

**PROFESSIONAL DEVELOPMENT**

Prolonged Exposure: Emotional Processing Therapy Certificate January 2021

Medical University of South Carolina

Talking Racial Stress: Assessing & Treatment Planning for November 2020

Experiences of Racial Discrimination

Ryan C.T. DeLapp, Ph.D.

Clinical Suicidology Certificate October 2020

National Register Associate Program

Samantha Chalker, Ph.D.; Blaire Ehret, Ph.D.; Josephine Au, Ph.D.; & David Jobes, Ph.D.

HIPAA for Mental Health Care Providers & Texas HB300 July 2020

HIPAA Exams

Telepsychology Best Practices 101 April 2020

Marlene Maheu, Ph.D.

Cross Cultural Variations in Adult Attachment September 2018

D.C. Wang, Ph.D.

**PROFESSIONAL AFFILIATIONS**

**Texas Psychological Association** August 2019 – present

*Graduate Student Affiliate*

**Clinical Psychology Doctoral Program’s Diversity Committee** January 2019 – present

*Sam Houston State University, Huntsville, TX*

*Graduate Student Affiliate*

**Graduate Student Psychology Organization** August 2018 – present

*Sam Houston State University, Huntsville, TX*

*Graduate Student Affiliate*

**American Psychology – Law Society** November 2018 – present

*Student Affiliate*

**American Psychological Association** August 2017 – present

*Graduate Student Affiliate*

**CAMPUS INVOLVEMENT**

**Psi Chi, The International Honor Society in Psychology** August 2017 – May 2018

*The University of Akron*

*Vice President*